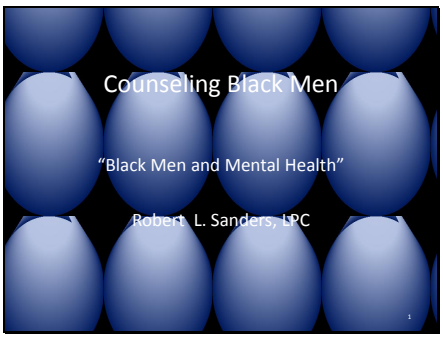
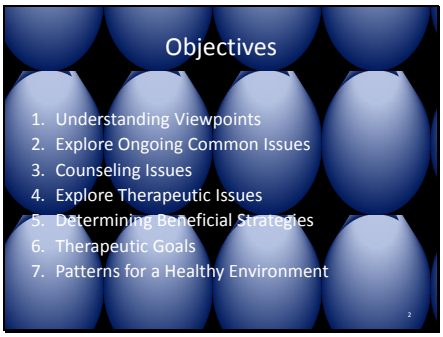
Slide 1

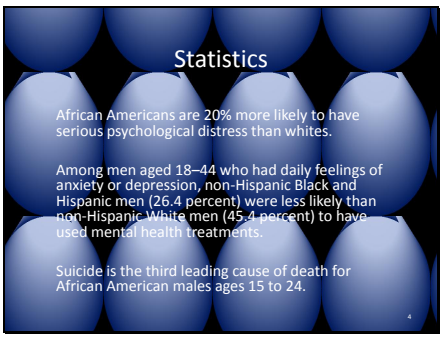


Slide 2

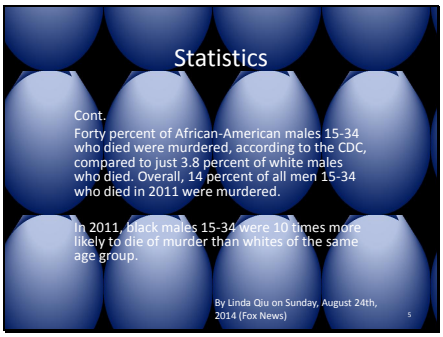


Slide 3

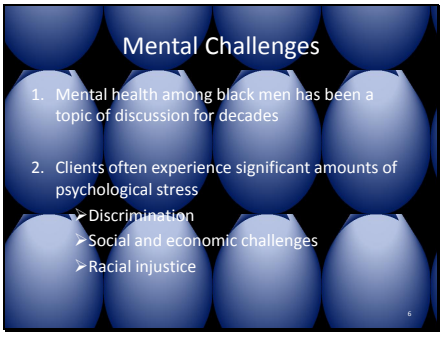
Slide 4



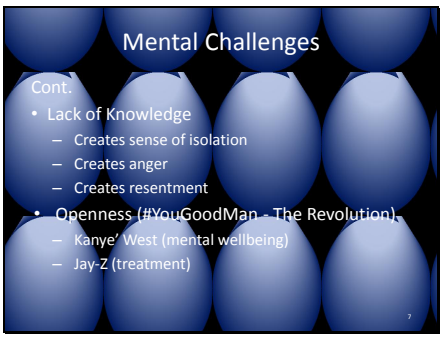
Slide 5



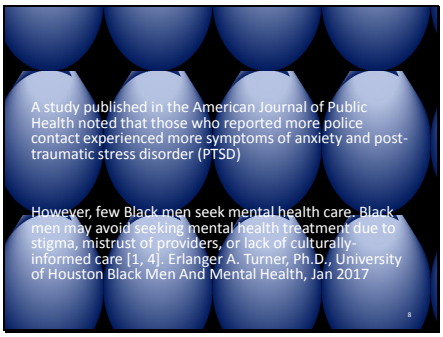
Slide 6



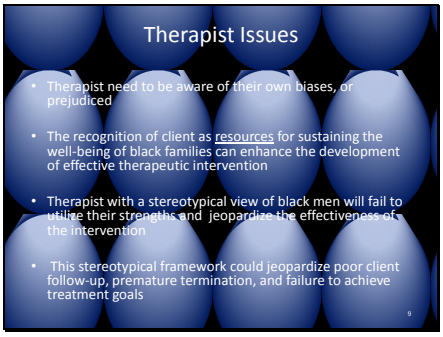
Slide 7



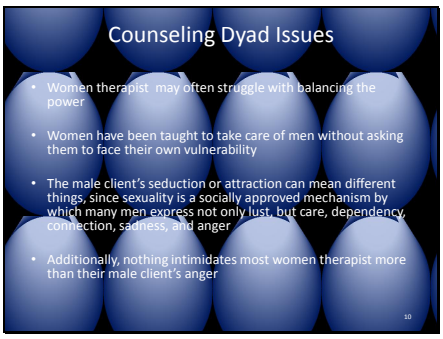
Slide 8



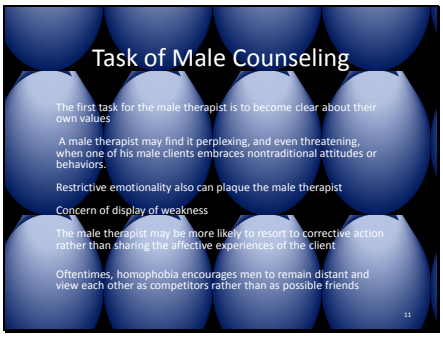
Slide 9



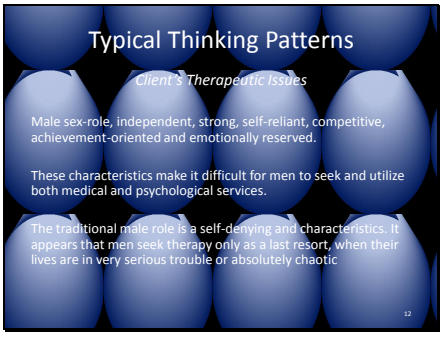
Slide 10



Slide 11



Slide 12



Slide 13

Crisis Intervention

Even in crises most men will not seek therapy, but only at the insistence of someone else

- a wife or partner
- a physician
- a clergy-person
- a employer.

Therapy can cause a great deal of anxiety since most men have developed cognitive schema which lead them to believe that exploring their sense of self can lead only to shame and rejection

13

Slide 14

Therapeutic Biases

Confrontation with one's own biases - Therapists may discover that previously held beliefs about certain groups of people might not be accurate or useful when interacting with someone from another culture. Don't be alarmed.

After all, we are from our past ! !

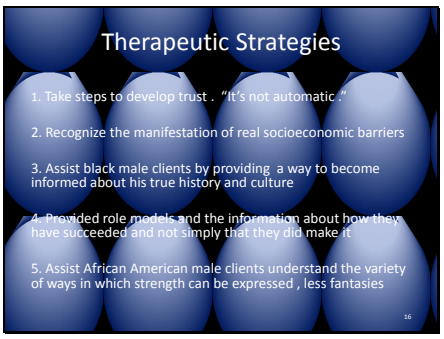
14

Slide 15

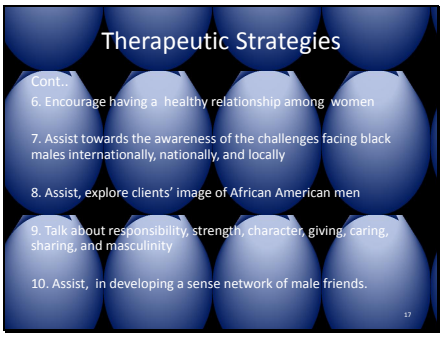
The Mental Health Challenge

15

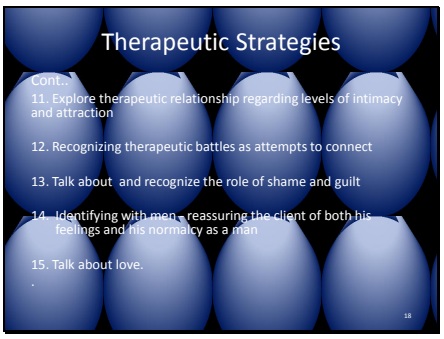
Slide 16



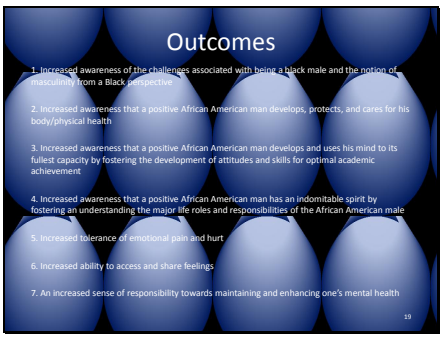
Slide 17



Slide 18

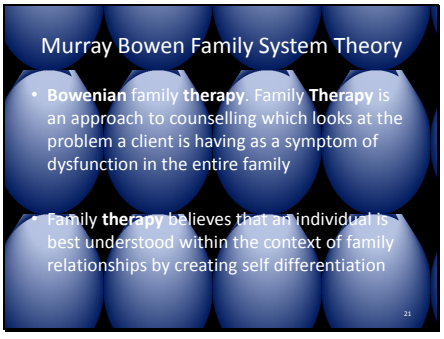


Slide 19



Slide 20

Slide 21



Slide 22

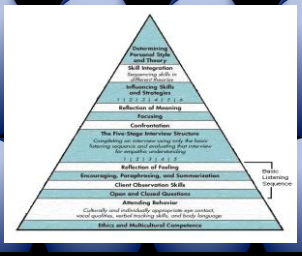
Murray Bowen Family System Theory

- Cont.
- What is self differentiation?
- Differentiation of self, as it occurs within a person, is viewed as the ability to separate thinking and feeling, particularly in situations in which the tendency for emotionality to over- ride thinking is the greatest (Kerr, 1984; Kerr & Bowen, 1988)

22

Slide 23

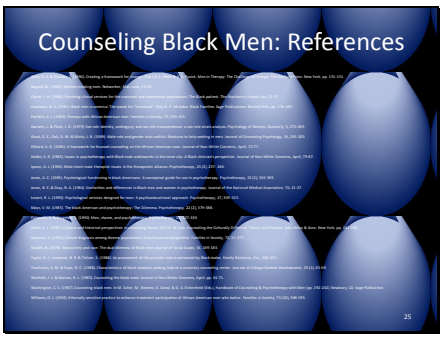
Counseling Skills Pyramid



23

Slide 24

Questions & Answers

24

Slide 25